



ADULT IOP PROGRAM ATX - WEEKLY SCHEDULE

Ethos Wellness - Presence • 4407 Bee Caves Rd Building 4, Ste 422, Austin, TX 78746

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ADULT IOP					
ADULT DAYTIME 10:00AM-12:30PM	GROUP	GROUP		GROUP	GROUP
ADULT EVENING 6PM-9PM (VIRTUAL ONLY)	GROUP		GROUP	GROUP	
FAMILY SUPPORT 6PM-8PM			GROUP		

All daytime groups are in-person. Please contact group clinician if accommodations are needed.

Individual Therapy (1hr/wk) is scheduled outside of Group and around clinician/client availability.

*Family Support Group is a no cost hybrid offering during 8 week program.