

ETHOS

BEHAVIORAL HEALTH



FAMILY SUPPORT GROUP

Tuedays 6-8pm
No Additional cost

Substance use disorder and mental illness impact not just the individual struggling, but their loved ones as well. Given that the recovery process is closely tied to the family system, we believe it is important to involve the whole family in the healing process.

Families of current Ethos Behavioral Health Group (EBHG) clients and alumni are invited to join us weekly for psycho-education and support in a space designed to learn, gather information and connect with the Ethos staff and other families in the Ethos system as you and your loved ones recover and heal from the impacts of substance use and mental illness.

Led by a team of Ethos Masters' level clinicians, Tad Bodeman, LCSW and Alana Smith, LCSW, LCDC will work to:

- Identify ways to help you loved ones
- Learn how to manage relationships more effectively
- Develop skills to improve communication
- Implement unique and specific interventions to help participants get back on track and return to a healthy family dynamic.

All family members (ages 17 and older) of current or past EBHG clients are invited to join the group. No prior registration is required.

[Personal Meeting ID - 370 249 5977](tel:3702495977)